Crystal Lake Girls Lacrosse Club Code of Conduct

Growing the game. Developing the player. Building the future.

Crystal Lake Girls Lacrosse Club is committed to creating a safe, welcoming, and positive environment where players can learn, build confidence, develop friendships, and grow their love of lacrosse. Players, coaches, parents, guardians, and spectators share responsibility for upholding these standards at practices, games, tournaments, and club events, as well as in online communications.

Players

As a Crystal Lake Girls Lacrosse Club player, I will:

- Treat teammates, coaches, officials, opponents, and spectators with respect.
- Show good sportsmanship in victory and defeat.
- Give my best effort, listen to my coaches, and be willing to learn.
- Encourage my teammates and help everyone feel included, regardless of skill level or experience.
- Attend practices and games consistently, arrive prepared and on time, and communicate scheduling conflicts to my coach.
- Follow the rules of the game, use equipment responsibly, and avoid reckless or intentionally harmful play.
- Tell a coach when I am hurt, feel unwell, or have a safety concern.
- Take care of fields, facilities, uniforms, and equipment.
- Represent the club positively in person and online.

Bullying, hazing, harassment, discriminatory comments, threats, fighting, and abusive language will not be tolerated.

Parents, Guardians & Spectators

As a member of our lacrosse community, I will:

- Remember that youth sports are for the players and that enjoyment, learning, and development come first.
- Cheer positively for all players and recognize effort, improvement, and teamwork.
- Respect coaches' decisions and allow coaches to coach without conflicting instructions from the sidelines.
- Respect officials and refrain from arguing calls, confronting officials, or making negative comments.
- Treat opposing teams and their supporters with courtesy.
- Support my player's attendance, preparation, and timely arrival and pickup.
- Keep sidelines and playing areas clear and follow facility and event rules.
- Raise concerns privately and respectfully through the appropriate club channels.

- Use team communications and social media responsibly, without criticizing or embarrassing players, families, coaches, or officials.

Coaches & Club Leaders

Our coaches and club leaders will:

- Put player safety, well-being, and development first.
- Create an encouraging environment where every player is treated fairly and respectfully.
- Teach age-appropriate skills, teamwork, sportsmanship, and respect for the game.
- Set clear expectations and communicate professionally with players and families.
- Maintain appropriate boundaries and follow applicable player protection and safety requirements.
- Take injuries and reported concerns seriously and follow applicable return-to-play requirements.
- Model the conduct we expect from players and families.

Communication & Concerns

Questions and concerns should be addressed privately with the coach first. If a concern remains unresolved, families should contact club leadership.

For concerns about playing time, positions, or game decisions, please allow a **24-hour cooling-off period** before requesting a conversation. Safety concerns, suspected abuse, bullying, or other serious misconduct should be reported immediately. Anyone may bring these concerns directly to club leadership without first speaking with a coach.

Retaliation against anyone who raises a concern in good faith will not be tolerated.

Accountability

Violations will be reviewed by club leadership based on the circumstances, seriousness, and any pattern of behavior. Consequences may include a conversation or warning, removal from an activity or event, suspension, or dismissal from the club. Serious misconduct may result in immediate removal.

By participating in or attending Crystal Lake Girls Lacrosse Club activities, we agree to uphold this Code of Conduct and help create a community where every player can learn, belong, and thrive.